



Salaah (Namaaz)

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Introduction

This word as used in the Holy Quran and Hadith is formed from the word 'Salat' and 'Tasliat' and in the Arabic dictionary it means "To pray." But in Islamic terminology it conveys the way of expressing worship by man to his real Creator and object of worship in the special manner taught by God to the people by His Apostles.

Surah Adh Dhriyat Chapter #5 I Verse#56

And I (Allah) created not the jinn and mankind except that they should worship Me (Alone).

According to a Hadith a companion of Holy Prophet Mohammad (pbuh) came to him one day and asked him "What is the thing that Allah (SWT) loves most?" Holy Prophet Mohammad (pbuh) replied "The thing that Allah (SWT) loves most is when his people pray Salah on time."

Surah Al Ankaboot Chapter# 29 Verse# 45

Recite what is sent of the Book by inspiration to thee, and establish regular Prayer: for Prayer restrains from shameful and unjust deeds;

Importance of Salaah

Salah (Salat, Namaz) is a practical sign of obedience to the commands of Allah (SWT). Its importance has been emphasized more than 500 times in the Noble Qur'an.

Surah Al- Baqrah Chapte#02 verse #03

Who believe in the Unseen, are steadfast in prayer, and spend out of what We have provided for them;

Surah Al- Baqrah Chapte#02 verse #45

Nay, seek (Allah's) help with patient perseverance and prayer:

Surah Al- Baqrah Chapte#02 verse #238

Guard strictly your (habit of) prayers....

Surah An Nur Chapter# 24 Verse# 56

"And keep up the prayer...."

Importance of Salaah

- Once Holy Prophet Mohammad (pbuh) shook a dry branch of a tree so that all of the leaves of the branch fell off than the Holy Prophet Mohammad (pbuh) said "The sins of those who pray Salah, drop off as the leaves of this branch fell off."
- The Prophet pbuh says that: Salaat is the pillar of deen and the foundation of Islam. He who upholds salah has upheld Islam and he who leaves salah has left behind religion. (al-baihaqi)

Individual Benefits of Salaah

- ▶ To remind us the purpose of life.
- Salah Brings Peace in Hearts

Surah Ar Rad Chapter #13 verse #28

For without doubt in the remembrance of Allah do hearts find satisfaction.

- Sense of obligation
- Character Building
- Self Discipline

Collective benefits of Salaah

- An Aura of Piety and Purity
- Unity of Muslim Ummah
- Brotherhood and Equality
- Build a better Society
- Shows Oneness of God

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